




# AUTENTICAMENTE ITALIANO

Italian dishes, flavours and charms

## À LA CARTE MENU


### ANTIPASTI

Arancini	\$14
Fried risotto balls. Ask your server for the flavour.	
Caesar Salad ●*	\$10
Calamari fritti	\$17
Gnocchis Fior di Latte al Pesto	\$14
Mozzarella fior di latte, basil pesto and Napoletana sauce.	
Kale Salad al Limone ●	\$8.75
Asiago, lemon vinaigrette, dried blueberries, pistachios	
Minestrone or Cream Soup of the Day	\$7.50
Mozzarella Pomodoro	\$15.50
Mozzarella fior di latte, tomato bruschetta, focaccia-style bread.	
Parmigiana Chicken Wings	\$14.50
Parmigiana Fondant	\$9.50
Parmesan fondue with pasta chips.	
Parmigiana Fries	\$9.50
Matchstick fries, julienned zucchini and fried onion, parmesan, fine herbs.	
Piatto di salumi	\$23
Smoked duck + \$ 4.50	
Spinach Artichoke Cheese Dip	\$14.50

 Gluten-free option available   \*Without croutons

### INSALATE MEAL

Caesar Salad ●*	\$16
Grilled chicken breast + \$6 Grilled salmon filet + \$10	
Grilled Chicken Salad and Asiago Cheese	\$22.50
Balsamic and roasted garlic vinaigrette, tomatoes, black olives, roasted red pepper.	

 \*Without croutons

### SANDWICHES

Formaggio e Polpette Sandwich	\$21.50
Foccacia bread, Goat or Asiago cheese, meatballs, Napoletana sauce, arugula and pickled red onions, served with Parmigiana Fries or Caesar salad.	



Minestrone



Arancini



Calamari fritti



Caesar Salad Meal



Formaggio e Polpette Sandwich

Italian Sausage Sandwich	\$21
Foccacia bread, Napoletana sauce, pizza mozzarella cheese, Italian Spolumbo's Sausage, green onions and arugula, served with Parmigiana Fries or Caesar salad.	
Mediterranean Fior di Latte Sandwich	\$20.50
Foccacia bread, fior di latte, pesto, kale, roasted red peppers and black olives, served with Parmigiana Fries or Caesar salad.	
Mediterranean Chicken Sandwich	\$21.50
Foccacia bread, pesto, kale, chicken breast, roasted red peppers and black olives, served with Parmigiana Fries or Caesar salad.	
Steak and Grilled Onion Sandwich	\$23
Foccacia bread, steak, pesto, grilled onion and pizza mozzarella cheese, served with Parmigiana Fries or Caesar Salad.	



PIZZE E DUETTOS

**DUETTOS:** For the price of a regular pizza you can order half a pizza and your choice of spaghetti of Bologna or spaghetti with Napoletana sauce, or gnocchi arrabbiata, or Caesar salad, or our Parmigiana Fries.

**Americana** \$19.50  
Tomato sauce, fresh basil, pepperoni, mushrooms, green pepper, pizza mozzarella cheese.

**Meat Lover's** \$22  
Tomato sauce, basil, Italian meatball, bacon, onion, pizza mozzarella cheese.

**Mushrooms and Truffle Oil** \$20.25  
Mushroom sauce with black truffle oil, Paris and portobello mushrooms, pizza mozzarella cheese.


**Pesto and Goat Cheese** \$21  
Tomato sauce, fresh basil, onion, black olives, tomatoes, roasted red peppers, pesto, goat cheese and pizza mozzarella cheese.

**Pomodoro e Formaggio** \$21  
Tomato sauce, basil, Parmigiana Fondant, tomatoes, mozzarella fior di latte, pizza mozzarella cheese.

**Prosciutto and Arugula** \$20.50  
Tomato sauce, fresh basil, pizza mozzarella cheese, olive oil.  
Goat or Asiago cheese + \$ 2.50

**Salsiccia e Portobellos** \$20.50  
Tomato sauce, fresh basil, spicy Italian sausage, portobello mushrooms, onion, rosemary and pizza mozzarella cheese.

**Smoked Duck** \$22  
Honey, green and red onions, pizza mozzarella cheese.

 All whole pizzas are available with a gluten-free crust + \$ 2.50

RISOTTI

**Shrimp and Arugula Risotto** ● \$29  
White wine, tomatoes, basil, garlic.

**Vegetables and Goat Cheese Risotto** ● \$26  
White wine, Genovese pesto, zucchini, kale, roasted red peppers, cherry tomatoes, shallots.

 Gluten-free

PASTA

**Cannelloni Fiorentina** \$22.50  
Napoletana sauce, ricotta cheese, spinach and sautéed onions, au gratin.

**Italian Crusted Cod (5 oz)** \$26.50  
Oven-roasted cod, herb and roasted garlic crust, served over linguine with pesto, tomatoes, green onion, basil, wine, Napoletana sauce, or with Caesar salad.



Pomodoro e Formaggio Duetto



Prosciutto and Arugula Pizza



Smoked Duck Pizza



Vegetables and Goat Cheese Risotto



À LA CARTE MENU



Italian Crusted Cod



Linguine Carbonara



Penne Prosciutto Arugula

SUPPLEMENTI

Bread Bar® (with entrée)	+ \$3.50
Goat cheese	+ \$2.50
Au gratin	+ \$3
Grilled Chicken breast	+ \$6
Grilled salmon filet	+ \$8.50
5 oz Italian crusted cod	+ \$7
Prosciutto	+ \$3
Smoked duck	+ \$4.50

EXCLUSIVE

Mille-Feuilles Lasagna with Shrimps Rosée Sauce \$26.50

Fresh pasta and creamy cheese sauce on a bed of Napoletana sauce, garnished with rosée sauce shrimp, arugula and Asiago cheese.

EXCLUSIVE

Roasted Tomato, Nuts and Shiitake mille-feuilles Lasagna \$20.50

Fresh pasta and a creamy cheese sauce. Accompanied by our Shiitake sauce, roasted tomatoes and nuts, arugula and Asiago cheese.

Tradizionale Lasagna \$22.50

Strips of oven-baked fresh lasagna au gratin, meat and tomato sauce, Parmigiana Fondant.

FOR THE LOVE OF PEOPLE

PACiNi

Every time you order our Tradizionale Lasagna, \$1 is donated to Caribou Cares.

Linguine Alfredo ● \$20

Cream, parmesan, Asiago and green onion. Grilled chicken breast + \$6 Italian sausage + \$2.25

Linguine Carbonara ● \$21.50

Cream, parmesan, bacon, green onion, raw egg yolk.

There may be health risks associated when consuming raw animal protein products such as shellfish. If you suffer from chronic illness of the liver, heart or blood, or if you are pregnant or if you have other immune disorders, you should eat these products fully cooked.

Seafood Linguine ● \$30.50

Shrimp, mussels, clams, scallops, Napoletana sauce, cream, parmesan cheese, white wine.

Penne Alfredo with Pesto and Grilled Chicken \$28.50

Alfredo sauce, pesto, cherry tomatoes, mushrooms, broccoli, and grilled chicken breast.

Penne calabrese piccante ● \$21.50

Spicy Italian sausage, onion, black olives, arrabbiata sauce.

Penne primavera ● \$19.50

Sautéed vegetables, Napoletana sauce, onion and pesto.

Penne Prosciutto Arugula ● \$25.50

Green onion, tomatoes, wine, Asiago or goat cheese.

Ravioli salsa rosa \$22.50

Cheese-filled raviolis, cream, parmesan, tomatoes, basil.

Roasted Tomato, Nuts and Shiitake Spaghetti ● \$18.50

There may be health risks associated when consuming this meal. If you suffer from chronic allergic reaction to nuts, you should not order this meal.

Spaghetti of Bologna ● \$18.50

Meat and tomato sauce. Meatballs (5) + \$5 Italian sausage + \$2.25

Spaghetti Meatball and Sausage \$26

Sauce of Bologna, spicy Italian sausage and Italian-style meatball, au gratin.



Gluten-free penne option. + 2 \$



Vegan



À LA CARTE MENU



Grilled Chicken Rosmarino



Italian Feast for Two



Grain-fed Veal Scaloppini in a Mushroom Duo Sauce

CARNI E PESCI

**Chicken Parmigiana** \$31  
Napoletana sauce au gratin, grilled vegetables, a choice of spaghetti of Bologna or Caesar salad.

**Grilled Chicken Rosmarino** \$31  
Roasted garlic sauce, green onions, grilled vegetables, and a choice of linguine and sautéed zucchini, or Parmigiana Fries, or gnocchi arrabbiata, or sautéed vegetables alla Pacini.

**Salmone alla griglia (5 oz)** \$34.50  
Grilled Atlantic salmon, piccata sauce with wine, capers and tomatoes, with pesto linguini and grilled vegetables.

**NY Strip Cut Steak (10 oz)** \$41  
Grilled lemon, arugula salad, with our Parmigiana Fries and grilled vegetables.



**Steak with Sea Salt from Sicily (9 oz)** \$39  
Certified Angus Beef® on arugula, with Parmigiana Fries and grilled vegetables.



**Italian Feast for Two** \$71  
Certified Angus Beef® steak (9 oz) grilled with Sicilian sea salt, spicy Italian sausages, garlic shrimp, grilled vegetables, Parmigiana Fries.



All veals are accompanied with grilled vegetables, linguine and sautéed zucchini, or our Parmigiana Fries, or gnocchi arrabbiata, or sautéed vegetables alla Pacini.

**Grain-fed Veal Scaloppini di Parma** \$37.50  
Roasted garlic sauce, green onions, enhanced with prosciutto and mushrooms.

**Grain-fed Veal Scaloppini in a Mushroom Duo Sauce** \$40  
Truffle sauce, white wine, Paris and portobello mushrooms.



**Prefer gluten-free?**  
To accompany these grilled dishes (except the Italian Feast for Two), in addition to grilled vegetables, replace the fries or linguine with crouton-free Caesar salad or kale al limone salad, or balsamic vinegar glazed vegetables.



Gluten-free

All our gluten-free dishes are made with gluten-free ingredients. However, due to possible cross-contamination, they may contain traces. These dishes are primarily meant for people wishing to avoid gluten, not for those who are severely allergic or intolerant.